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| MRI Number |
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## REQUEST FOR THERAPEUTIC APHERESIS PROCEDURE



Registration No. 2000/026390/08

**Please print legibly as this is a medical legal document.**

I hereby request the South African National Blood Service to perform a therapeutic procedure (or series of procedures) on the following patient.

|                         |                 |        |                                |                 |            |               |        |
|-------------------------|-----------------|--------|--------------------------------|-----------------|------------|---------------|--------|
| Name of Patient         |                 |        |                                |                 |            |               |        |
| Date of Birth           |                 | Gender |                                | Height          |            |               |        |
| Age                     |                 | ID No  |                                | Weight          |            |               |        |
| Diagnosis               |                 |        |                                |                 | ICD Code   |               |        |
| Hospital                |                 |        | Hospital Number                |                 | Ward       |               |        |
| Medical Aid Society     |                 |        | Primary member / dependant:    |                 |            |               |        |
|                         | Medical Aid No: |        |                                | Dependant Code: |            |               |        |
| Address                 |                 |        |                                |                 |            |               |        |
| Contact No (Home)       |                 |        | Work                           |                 | Cell       |               |        |
| Procedure Required      |                 |        |                                |                 | ABO and Rh |               |        |
| Central line (indicate) | Size            |        | Type                           |                 | Site       |               |        |
| Allergies               |                 |        |                                |                 |            |               |        |
| First Procedure (date)  |                 |        | Frequency (indicate)           |                 | Daily      | Alternate day | Other: |
| Plasma Volume Exchange  |                 |        | Estimated Number of Procedures |                 |            |               |        |

**Desired Fluid Replacement:** (Tick the applicable fluid)

|                                      |                 |     |                                     |                  |  |       |  |
|--------------------------------------|-----------------|-----|-------------------------------------|------------------|--|-------|--|
| 4% Albusol solution                  |                 | FFP |                                     | Cryo Poor Plasma |  | Other |  |
| Attending physician Name and Surname |                 |     |                                     | Signature        |  |       |  |
| <b>Red cell exchange procedures</b>  | End Haematocrit |     | Desired Fraction of Cells Remaining |                  |  |       |  |

**Transfusion History**

|   |   |   |
|---|---|---|
| Has the patient received blood or blood component transfusions before?    | Y | N |
| Is there a history of transfusion related reaction?                       | Y | N |
| Describe transfusion reaction (Type of reaction / blood product involved) |   |   |

|                        |  |                      |  |
|------------------------|--|----------------------|--|
| <b>Name of Patient</b> |  | <b>Date of Birth</b> |  |
|------------------------|--|----------------------|--|

| Laboratory Results: Day 1 of procedure |  |                    |  |                      |     |
|--|--|--------------------|--|----------------------|-----|
| HB                                     |  | Red cell fragments |  | Neutrophil count / % |     |
| Haematocrit (HCT)                      |  | Urea               |  | Lymphocyte count / % |     |
| WCC                                    |  | Creatinine         |  | Monocyte count / %   |     |
| Platelets                              |  | GFR                |  | Basophil count / %   |     |
| LDH                                    |  | GCS                |  | Eosinophil count / % |     |
| Corrected Ca <sup>++</sup>             |  | GBS ds             |  | RVD                  | + - |
| Ionized Ca <sup>++</sup>               |  | pO <sub>2</sub>    |  | HBV                  | + - |
| Mg <sup>++</sup>                       |  | FiO <sub>2</sub>   |  | HCV                  | + - |
| Other                                  |  | LDL cholesterol    |  | Other                |     |

1. Please schedule medication (especially antibiotics and plasma-bound drugs) to be administered post-

| Medication on first day of procedure |        |       |           |
|--------------------------------------|--------|-------|-----------|
| Medication                           | Dosage | Route | Frequency |
|                                      |        |       |           |
|                                      |        |       |           |
|                                      |        |       |           |
|                                      |        |       |           |

exchange when possible.

- It is recommended that ACE inhibitors be discontinued for 48-72 hours prior to therapeutic plasma exchange procedures. For patients with impaired liver and renal functions additional time is recommended.
- Please notify the Apheresis Staff if the procedure is cancelled or the patient's condition changes.
- Please note completion of the necessary documentation is **a medico legal requirement** and any delays in the completion of the paperwork will result in delays in the procedures.

| CHECKLIST                            |   |
|--------------------------------------|---|
| <b>Patient details</b>               | Weight (daily for duration of procedures).  |
| <b>Documents</b>                     | Completion of consent form.   |
|                                      | Completion of request form.   |
| <b>Patient location</b>              | Patient must be in bed at designated time of procedure.   |
|                                      | For dialysis patients: please inform therapeutics practitioner at what time dialysis procedure will be performed.   |
| <b>Ward / cubicle</b>                | Working light source.   |
|                                      | Working water supply.   |
|                                      | Working electricity supply.   |
|                                      | Working oxygen supply.  |
|                                      | Working suction supply.   |
| <b>Central venous catheter (CVC)</b> | Minimum of 11.5 Fr for adults.  |
|                                      | If subclavian or internal jugular veins, CXR-based confirmation of position of CVC and exclusion of a pneumothorax.<br><b>NOTE: It is the responsibility of the attending physician to ensure correct placement of the central venous catheter.</b> |
| <b>Blood products</b>                | Requested from blood bank as urgent.  |
|                                      | For TTP, blood products requested for at least 10 days from start of procedure.   |
| <b>Blood results: Daily for TTP</b>  | FBC and smear.  |
|                                      | Calcium.  |
|                                      | LDH.  |
|                                      | U&E and creatinine.   |

|                        |  |                      |  |
|------------------------|--|----------------------|--|
| <b>Name of Patient</b> |  | <b>Date of Birth</b> |  |
|------------------------|--|----------------------|--|

## STANDING ORDERS FOR EMERGENCY TREATMENT OF ADVERSE EFFECTS DURING THERAPEUTIC PLASMA EXCHANGE

Standing orders for the treatment or prevention of adverse effects during therapeutic plasma exchange procedure are reviewed by the Apheresis Lead Consultant. The Apheresis Staff and/or the Apheresis Consultant and the attending physician must be notified, as soon as possible, of any adverse reaction that occurred after the procedure.

### 1. Allergic reactions

- a) Pre-medication for patients with a history of allergic reactions:
  - i) If a patient has a history of hives or urticarial reactions when receiving blood products, pre-medicate the patient with 12.5mg diphenhydramine (e.g. Phenergan) intravenously.
  - ii) If the patient has a history of severe allergic reactions, pre-medicate the patient with 12.5mg - 25 mg Promethazine hydrochloride (e.g. Phenergan) and hydrocortisone 100mg (e.g. Solu-Cortef) or equivalent dose of other available intravenous steroid.
- b) Onset of allergic reactions (mild-moderate) during procedure:
  - i) Pause the procedure, open saline line, monitor vital signs, connect patient to a pulse oximeter (if available). Administer oxygen at 5-10L/min. Call attending physician. Administer 12.5-25mg Promethazine hydrochloride (e.g. Phenergan) and hydrocortisone 100mg (e.g. Solu-Cortef) or equivalent dose of other available intravenous steroid.
  - ii) Notify Apheresis Lead Consultant.

### 2. Citrate toxicity or hypocalcaemia

- a) Patients that have daily therapeutic plasma exchanges performed should have ionized calcium or a total and corrected calcium level tested.
- b) In a patient presenting with an ionised calcium level less than 1 mmol/L or a corrected calcium count less than 2 mmol/L, intravenous calcium should be administered (e.g. administer 1 ampoule calcium gluconate IV over three minutes and administer 1 ampoule calcium gluconate 10% in a 250ml saline over 2-3 hours during the procedure).
- c) A patient presenting with ionised calcium count of 1.1 mmol/L or corrected calcium count less than 2.15 mmol/L, administer 1 ampoule calcium gluconate in a 250ml saline over 2-3 hours during the procedure.
- d) If a patient presents with symptoms of mild hypocalcaemia, administer 1gram of oral calcium gluconate (e.g. Calcium Sandoz). Dose can be repeated prn x2.
- e) If a patient develops moderate to severe hypocalcaemia, administer 1 ampoule of calcium gluconate 10% in a 50ml saline solution over 10 minutes. Alternatively, administer calcium by slow intravenous (IV) push.
- f) Intravenous calcium must be administered through a different IV line to the line used for the apheresis procedure. If no alternate line is available, the procedure must be paused, the calcium administered and the line flushed with saline solution, before continuing the procedure.

### Agreement by attending physician

I have medically examined the patient and undertaken the relevant laboratory investigations and I consider the patient will tolerate the procedure without any significant untoward reaction.

I understand that the technical procedure is being undertaken by the staff of SANBS. I have made arrangements for emergency medical care should it be necessary. I authorise the administration of medication routinely used during this type of procedure. I understand that I as the attending physician primarily remain responsible for the medical management of the patient and must be available for consultation during the therapeutic apheresis procedure, or in the event of any untoward reaction.

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*Name of Responsible Physician*

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*Signature*

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*Practice Number*

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*Date*

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*Contact Number*